

Worksheet

Options at 18



This worksheet is designed to help you think about your options at 18.

Name:

Write down your chosen career:

Which of the options at 18 listed below are possible route(s) to your chosen career?

Research routes to careers in the job profiles at:

- <https://nationalcareers.service.gov.uk/explore-careers> (England) or
- <https://careerswales.gov.wales/job-information/> (Wales) or
- www.myworldofwork.co.uk/my-career-options/job-categories (Scotland)

Higher education?: Yes/No
More detail:

Further education?: Yes/No
More detail:

Apprenticeships?: Yes/No
More detail:

Straight into employment?: Yes/No
More detail:

Write down your learning style(s)

If you are not sure what your preferred learning style is, answer the quiz **What's Your Learning Style?** at www.educationplanner.org > Students > Self-Assessments

Thinking about the four options at 18, which would be suited to your preferred learning style?

Higher education?: Yes/No
More detail:

Further education?: Yes/No
More detail:

Apprenticeships?: Yes/No
More detail:

Straight into employment?: Yes/No
More detail:

Given your answers in this worksheet and your own thoughts, which options at 18 will you consider? And, why?

To keep their options open many people apply for one, two or three routes, depending on their preferences and the routes available in their given career. Consider your preference(s).

For example - Whilst I would prefer to go to university, and this suits my learning style, I also like the idea of applying to a higher apprenticeship as earning whilst studying also appeals. I will apply to universities, but also look into apprenticeships and apply to any which seem interesting to me and meet my other priorities, including allowing me to live with my parents.

